

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

**Victor Nagel** 

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

## **TIME** 01:34:22

**PACE** 07:15/km **OVERALL** 23 of 149

**GENDER** 19 of 79 **40 - 49** 7 of 25



outTime

Signature

Date